

2020 Coaches Coalition National Championship Meet Schedule

No false starts in any division. All events are Finals except where noted. Unless specified, the DIVISION listed represents BOTH genders. Prelims - 7 best times in each division advance to finals. **All Open/Masters events 400 and shorter are finals on Saturday.** For all other divisions, if prelim has 7 or less participants, the event will be run for seeding purposes. Running order will be Masters, Open, Youth(G/B Youngest to Oldest). Some events may combine divisions. Abbreviations used below: M-Men; W-Women; B-Boys; G-Girls.

All Field Events Thursday see field event schedule for divisions, time and flight

Thursday

- (8 AM) 3200m Racewalk (Finals) All Divisions
- (8:30 AM) 3200m Run (Finals) All Divisions
- (10:00 AM) 1600 Racewalk (Finals) All Divisions
- (10:30 AM) 200 (Prelims) All Divisions
- (12:00 PM) 200 Hurdles (Prelims) 13-14 G/B 5@30
- (12:15 PM) 400 Hurdles (Prelims) 15-16 B, 17-18 M 10@36; 15-16 G/17-18 W 10@30
- (1:30 PM) 800m Run (Finals) All Divisions

Friday

- (8 AM) 400m dash All Divisions – (Prelims)
- (10 AM) 110m Hurdles (Prelims) 15-16 B, 17-18 M10@39
- (10:30 AM) 100m Hurdles (Prelims) 13-14 B 10@36; 15-16 G, 17-18 W 10@33; 13-14 G 10@30
- (11:00 AM) 80m Hurdles (Prelims) 11-12 G/B 8@30
- (11:30 PM) Sprint Medley Relay (Finals) All Divisions
- (11:45 PM) 100 m dash (Prelims) All Divisions
- (1:00 PM) 50 m dash (Prelims) 6 & Under
- (1:15 PM) 4x800 Relay (Finals) All Divisions
- (1:30 PM) 4x100 (Prelims) All Divisions
- (2:00 PM) 1600m Run (Finals) 6 & Under, 7-8, 9-10, 11-12
- (2:45 PM) 4x400 Relay (Prelims) All Divisions

Saturday

- (8 AM) 400m dash All Divisions
- (8:45 AM) 110m Hurdles Masters, Open, 15-16 B, 17-18 M 10@39
- (9 AM) 100m Hurdles Masters, Open, 15-16 G, 17-18 W 10@33 13-14 G 10@30 and 13-14 B 10@36
- (9:30 AM) 80m Hurdles 11-12 G/B 8@30
- (9:45 AM) 100 m dash All Divisions
- (10:15 AM) 50 m dash 6 & Under
- (10:25 AM) 4x100 Relay All Divisions
- (11:10 AM) 200m dash All Divisions
- (12:10 PM) 200m hurdles 13-14 G/B 5@30
- (12:30 PM) 400m Hurdles Masters, Open, 15-16 B, 17-18 M 10@36 15-16 G, 17-18 W 10@30
- (1 PM) 4x200 Relay All Divisions
- (1:30 PM) 1600m Run Masters, Open, 13-14, 15-16, 17-18
- (2 PM) 4x400 Relay All Divisions

Event	8 AM	9 AM	10 AM	11 AM	NOON	1 PM	2PM
Long Jump	G/B 6-8	G/B 9-10	G/B 11-12	G/B 13-14	G/B 15-16	G/B 17-18	O, M
Triple Jump					G/B 13-14	G/B 15-16	G/B 17-18
Triple Jump							O, M
Event	8 AM	9:30 AM	11 AM	12:30 PM	2 PM		
High Jump	G 6-14	B 6-14	G 15-18, O, M	B 15-18, O, M			
Javelin	G 7-12	B 7-10	G 13-18	B 11-12	B 13-18, O, M		
Shot Put	B 15-18, O, M	B 11-14	G 6-12	B 6-12	G 13-18		
Discus	B 11-12	G 11-14	B 15-18, O, M	G 15-18, O, M			
Pole Vault	All Women	All Men					