

2023 Coaches Coalition National Championship Meet Schedule

No false starts in any division. All events are Finals except where noted. Unless specified, the DIVISION listed represents BOTH genders. Prelims - 7 best times in each division advance to finals. **All Open/Masters events 400 and shorter are finals on Saturday.** For all other divisions, if prelim has 7 or less participants, the event will be run for seeding purposes. Running order will be Masters, Open, Youth (G/B Youngest to Oldest). Some events may combine divisions. Abbreviations used below: M-Men; W-Women; B-Boys; G-Girls.

For all Field Events Thursday and Friday, see field event schedule below for divisions, time, and flight.

Thursday

- (8 AM) 3200m Racewalk (Finals) All Divisions
- (8:30 AM) 3200m Run (Finals) All Divisions
- (10:00 AM) 1600 Racewalk (Finals) All Divisions
- (10:30 AM) 200 (Prelims) All Divisions
- (12:00 PM) 200 Hurdles (Prelims) 13-14 G/B 5@30
- (12:15 PM) 400 Hurdles (Prelims) 15-16 B, 17-18 M 10@36; 15-16 G/17-18 W 10@30
- (1:30 PM) 800m Run (Finals) All Divisions

Friday

- (8 AM) 400m dash All Divisions – (Prelims)
- (10 AM) 110m Hurdles (Prelims) 15-16 B, 17-18 M10@39
- (10:30 AM) 100m Hurdles (Prelims) 13-14 B 10@36; 15-16 G, 17-18 W 10@33; 13-14 G 10@30
- (11:00 AM) 80m Hurdles (Prelims) 11-12 G/B 8@30
- (11:30 AM) Sprint Medley Relay (Finals) All Divisions (100-100-200-800)
- (11:45 PM) 100 m dash (Prelims) All Divisions
- (1:00 PM) 50 m dash (Prelims) 6 & Under
- (1:15 PM) 4x800 Relay (Finals) All Divisions
- (1:30 PM) 4x100 (Prelims) All Divisions
- (2:00 PM) 1600m Run (Finals) 6 & under, 7-8, 9-10, 11-12
- (2:45 PM) 4x400 Relay (Prelims) All Divisions

Saturday

- (8 AM) 400m dash All Divisions
- (8:45 AM) 110m Hurdles Masters, Open, 15-16 B, 17-18 M 10@39
- (9 AM) 100m Hurdles Masters, Open, 15-16 G, 17-18 W 10@33 13-14 G 10@30 and 13-14 B 10@36
- (9:30 AM) 80m Hurdles 11-12 G/B 8@30
- (9:45 AM) 100 m dash All Divisions
- (10:15 AM) 50 m dash 6 & Under
- (10:25 AM) 4x100 Relay All Divisions
- (11:10 AM) 200m dash All Divisions
- (12:10 PM) 200m hurdles 13-14 G/B 5@30

- (12:30 PM) 400m Hurdles Masters, Open, 15-16 B, 17-18 M 10@36 15-16 G, 17-18 W 10@30
- (1 PM) 4x200 Relay All Divisions
- (1:30 PM) 1600m Run Masters, Open, 13-14, 15-16, 17-18
- (2 PM) 4x400 Relay All Divisions

O/M= Open/Masters

M/W=Men/Women

G/B=Girls/Boys

Coaches Coalition 2023 Field Event Schedule

Day	Event	8am	9am	10am	11am	Noon	1pm
Thursday	Standing Long Jump 6 & Under	O/M, M/W, G/B 6-8	G/B 9-10	G/B 11-12	G/B 13-14	G/B 15-16	G/B 17-18
	Long Jump						
Friday	Triple Jump	O/M, M/W, G/B 13-14	G/B 15-16	G/B 17-18			

Day	Event	8am	9:30am	11am	12:30pm	1:30pm	2:30pm
Thursday	High Jump	O/M, M/W, G 6-14	Boys 6-14	Girls 15-18	Boys 15-18		
Thursday	Javelin Turbo Javelin	O/M, M/W, G 7-12	Boys 7-12	Girls 13-18	Boys 13-18		
Thursday	Shot Put	O/M, M/W, G 6-10	Boys 6-10	Girls 11-14	Boys 11-14	Girls 15-18	Boys 15-18
Friday	Discus	O/M, M/W, G 13-14	Boys 13-14	Girls 15-18	Boys 15-18		

For more information, up to the minute, please visit: CoachesCoalition.com